



2024 ALL-CONFERENCE TEAM

WOMEN'S OUTDOOR TRACK & FIELD

THOMAS M. GERRITY MOST OUTSTANDING ATHLETE: Zrreyah Moore, Rutgers-Newark
OUTSTANDING TRACK ATHLETE: Molly Lodge, Rowan
OUTSTANDING FIELD ATHLETE: Isabelle Deal, Rowan
ROOKIE OF THE YEAR: Dale Leonard, Ramapo
COACHING STAFF OF THE YEAR: TCNJ (*Justin Lindsey, Michael Walker, Jon Hutchinson, Jake Lindacher, Abbie Rizzo*)

Event	First Team	Second Team	Honorable Mention
100m Dash	Zrreyah Moore Rutgers-Newark	Molly Lodge Rowan	Rebecca Kneppel Ramapo
200m Dash	Zrreyah Moore Rutgers-Newark	Rebecca Kneppel Ramapo	Chidimma Igwe Rutgers-Newark
400m Run	Nevaeh Lorjuste Rowan	Jasmine Pope Rowan	Kathleen Pedersen Rowan
800m Run	Kayla Kass Stockton	Dale Leonard Ramapo	Kelly O'Grady TCNJ
1500m Run	Dale Leonard Ramapo	Ally Wernik Rowan	Anna Sasse Rowan
5000m Run	Suzanne Zaugg Ramapo	Cassidy Quinn TCNJ	Cameron Wright Rowan
10000m Run	Mia Guerra Rowan	Cassidy Quinn TCNJ	Guinevere Kennedy Stockton
100m Hurdles	Ayriana Young NJCU	Eliza Bruncaj TCNJ	Carmelle Alexis Rutgers-Newark
400m Hurdles	Molly Lodge Rowan	Emma Petrolia Stockton	Brianna DeSanto Rowan
3000m Steeplechase	Anna Sasse Rowan	Molly Bossdorf TCNJ	Olivia Harris Stockton
4x100 Relay	Ramapo Jianna Gorospe, Ashley Gordon, Rebecca Kneppel, Isabel Crespo	Rowan Brianna DeSanto, Brooke Driver, Mya Walker, Sidney Whetstone	Stockton Isabel Duval, Paige Bonczek, Cameron Radcliffe, Khristina Washington
4x400 Relay	Rowan Molly Lodge, Jasmine Pope, Kathleen Pedersen, Nevaeh Lorjuste	Rutgers-Newark Carmelle Alexis, Chidimma Igwe, Nadya Coleman, Zrreyah Moore	Stockton Emma Petrolia, Kayla Sullivan, Emma Conroy, Kayla Kass
High Jump	Kayley Harnett TCNJ	Kaitlyn Vervier Stockton	Abigail Pfaff TCNJ
Pole Vault	Julia Dakwar TCNJ	Madison Fey Stockton	Emerson Dirk TCNJ
Long Jump	McKenna Pontari Stockton	Khristina Washington Stockton	Emma Petrolia Stockton
Triple Jump	Emma Petrolia Stockton	Ashanae Morrison Stockton	Khristina Washington Stockton



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Shot Put	Isabelle Deal Rowan	Grace Vit Rowan	Kerri McCarthy TCNJ
Discus Throw	Michaela Pomatto Stockton	Kaydence Fischer TCNJ	Emily Diszler TCNJ
Hammer Throw	Alexis Marini Rutgers-Camden	Jessica Reilly TCNJ	Isabella Freda Stockton
Javelin Throw	Isabelle Deal Rowan	Megan Campanile Stockton	Annalise Stephens TCNJ
Heptathlon	Sarah Scepkowski TCNJ	Isabella Bordon Rutgers-Camden	Ashley Adames NJCU